

NUTRITION FROM THE GROUND UP



National Nutrition Month® 2010
American Dietetic Association

4th Annual

NUTRITION & FITNESS FAIR

2010 NATIONAL NUTRITION MONTH® EVENT

Wednesday, March 10, 2010

10:00 am – 2:00 pm

Patton Recreation Center

2301 Woodmere

Detroit, Michigan 48209

NUTRITION FROM THE GROUND UP

**Health & Nutrition Education
and Activities for Seniors**

Keynote Speaker

Demonstrations

Interactive Sessions

Lunch provided

For information call

(313) 446-4444, ext. 5228

Sponsored by:



Detroit Area
Agency on Aging



City of Detroit Senior
Citizens Department



City of Detroit
Recreation Department

National Nutrition Month®

March 2010