

**DETROIT LONG TERM CARE SYSTEM CHANGE TASK FORCE  
INDEPENDENT LIVING SERVICES BARRIERS & GAPS MATRIX**

Long Term Care Setting	Program Description	Services	Eligibility	Capacity (Number of Facilities and/or Number of Slots/Beds/Units)	Barriers & Gaps	Policy Recommendations
<p><b>Adult Foster Care</b></p> <p><b>Regulatory Agent:</b> Department of Human Services</p> <p><b>Monitoring Agent:</b> Citizens for Better Care</p>	<p>A facility or home for adults who are aged, mentally ill, developmentally disabled or physically disabled who require supervision on an ongoing basis, but who do not require continuous nursing care.</p>	<p>Care includes assistance with bathing, grooming, dressing, eating, walking, toileting or the administration of medication.</p>	<p>Medicaid recipient 18 years and over:</p> <ul style="list-style-type: none"> <li>• Aged</li> <li>• Mentally Ill</li> <li>• Physically Disabled</li> <li>• Alzheimer's Disease or other Dementia-Related Disorders</li> </ul>	<p><b>Wayne County</b><sup>1</sup>: 379 facilities</p> <p>357 – PSA 1-A 22-PSA 1-C</p> <p><b>Wayne County:</b> 3,285 beds<sup>2</sup></p> <p><b>PSA 1-A:</b> 3,023 beds <b>PSA 1-C:</b> 262 beds</p>	<ul style="list-style-type: none"> <li>• Availability of transitional housing resources for the mentally impaired is problematic.</li> </ul>	
<p><b>Adult Home Help</b></p> <p><b>Regulatory Agent:</b> Department of Human Services</p> <p><b>Monitoring Agent:</b> Citizens for Better Care</p>	<p>Adult Home Help Program, formally called Independent Living Services, offers a range of Medicaid and non-Medicaid services designed to support customer self-determination by arranging services appropriate for the consumer. This service encourages maximum independent by authorizing services and assistive devices that helps consumers to increase their functional ability; promotes natural supports systems by enhancing the individual's person-centered approach to case planning, and; advocates for customers.</p>	<p>Provides the following Medicaid related services that promote the ADLs and IADLS. These services are unskilled, non-specialized personal care services:</p> <ul style="list-style-type: none"> <li>• Information and referral</li> <li>• Protection for adults in need of a guardian or conservator</li> <li>• Counseling</li> <li>• Education</li> <li>• Employment and training</li> <li>• Health-Related Services</li> <li>• Money Management</li> </ul>	<p>Individuals of any age who require consultation or assistance to maintain and maximize functional capacity within their own homes or other independent living arrangements are eligible</p>	<p><b>Wayne County:</b> 23,150</p> <p><b>PSA 1-A</b> 18,300 Clients<sup>3</sup></p> <p><b>PSA 1-C</b> 4,850 clients</p>		
<p><b>Home for the Aged</b></p> <p><b>Regulatory Agent:</b> Department of Human Services</p>	<p>A home or facility that provides 24-hour room, board and supervised personal care to: 21+ unrelated, non-transient individuals 60 years and over; 20 or fewer residents 60+ and over that is operated in conjunction with and as a distinct part of a</p>	<p>Services include assistance with the following:</p> <ul style="list-style-type: none"> <li>• Bathing</li> <li>• Grooming</li> <li>• Dressing</li> <li>• Eating</li> <li>• Walking</li> <li>• Toileting</li> <li>• Administration of Medications.</li> </ul>	<ul style="list-style-type: none"> <li>• Aged</li> <li>• Mentally Ill</li> <li>• Physically Disabled</li> <li>• Alzheimer's Disease or other Dementia-Related Disorders</li> </ul>	<p><b>Wayne County: 26</b><sup>4</sup></p> <p><b>7 – PSA 1-A</b> <b>19 – PSA 1-C</b></p>		

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<b>Monitoring Agent:</b> Citizens for Better Care	licensed nursing home					
<b>Hospice</b>  <b>Regulatory Agent:</b> Centers for Medicare and Medicaid / MDCH  <b>Monitoring Agent:</b> JAHCO  (National Hospice and Palliative Care Organizations Database)	Voluntary program with an approach of caring for the terminally ill individual that stresses palliative care (relief of pain and uncomfortable symptoms as opposed to curative care).	Hospice core services include: <ul style="list-style-type: none"> <li>• Nursing Care</li> <li>• Medical social services</li> <li>• Counseling (including dietary, spiritual and bereavement counseling) with respect to care of the terminally ill and adjustment to death; and physician services</li> </ul>	Individual must be entitled to Part A of Medicare to be eligible to elect hospice care under Medicare. <ul style="list-style-type: none"> <li>• Attending physician and the hospice medical director or physician member of the interdisciplinary group must certify that the individual is terminal</li> <li>• Individual must have been diagnosed with a terminal illness that has a life-limiting prognosis of six months or less to live if the illness runs its normal course.</li> </ul>	<b>Michigan:</b> 153 providers  <b>Detroit:</b> 50 providers  (Additional data collection in process through NHPCO Database)		
<b>MI CHOICE</b>  <b>Regulatory Agent:</b> Michigan Department of Community Health  <b>Monitoring Agent:</b> Michigan Department of Community Health	MI CHOICE is a home and community-based care option for persons who are Medicaid Waiver eligible for their long term care. It is usually less costly and preferred alternative to nursing home care because it allows consumers to remain in their home with the support they need.	<ul style="list-style-type: none"> <li>• Adult Day Care</li> <li>• Chore</li> <li>• Counseling</li> <li>• DME</li> <li>• Environmental Modifications</li> <li>• Home Delivered Meals</li> <li>• Homemaking</li> <li>• Personal Care</li> <li>• Personal Emergency Response Systems</li> <li>• Private Duty Nursing</li> <li>• Respite Care</li> <li>• Training</li> <li>• Transportation</li> <li>• Nursing Facility Transition Services</li> </ul>	<ul style="list-style-type: none"> <li>• Age 65 or over</li> <li>• Disabled persons age 18+</li> <li>• Meet financial eligibility criteria</li> <li>• Meet the medical eligibility for nursing facility level of care</li> <li>• Have multiple medical needs.</li> </ul>	<b>Wayne County:</b> Approximately 1,500	<ul style="list-style-type: none"> <li>• Michigan is in the process of implementing a MI CHOICE Waiver Renewal Project that will allow MI CHOICE consumers transitioning from nursing care facilities to be placed in homes for the aged and adult foster care. Currently MI CHOICE clients can't be placed in these licensed facilities.</li> <li>• MSHDA plans to expand its Affordable Assisted Housing Project from Oakland and Macomb County into Wayne County if it can find assisted living facilities to participate. The program allows resident transitioning from nursing care facilities to obtain MI CHOICE and Section 8 vouchers and move into the assisted living facility of their choice. The facilities must be assisted living facilities to participate in the program. Under another program, MSHDA is funding UMRC and five other projects</li> </ul>	

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					<ul style="list-style-type: none"> <li>by providing financial assistance and program-based MI CHOICE slots to make assisted living affordable. United Methodist Retiree Communities is the Detroit based demonstration project.</li> </ul>	
<p><b>Program for All Inclusive Care</b></p> <p><b>Regulatory Agent:</b> CMS / MDCH</p> <p><b>Monitoring Agent:</b> MDCH</p>	Fully integrated system of primary, acute and long term care for the frail elderly. Once enrolled, consumer is followed across care settings.	Offers community-based, comprehensive services that are carefully coordinated in order to help older persons remain in their homes or apartments. Services offered include all Medicare and Medicaid services plus long term care. There are no benefit limitations, co-payments or deductions	<ul style="list-style-type: none"> <li>55 years and over</li> <li>Living in service area</li> <li>Certified as needing nursing home care</li> <li>Able to live safely in the community at time of enrollment.</li> </ul>	<p><b>Wayne County: 230 Slots</b></p> <p>195 Filled</p>	<ul style="list-style-type: none"> <li>PACE Services are available to residents in PSA 1-A and only in Ecorse, River Rouge, Inkster and Redford in out-Wayne County.</li> </ul>	
<p><b>Nursing Care Facility</b></p> <p><b>Regulatory Agent:</b> MDCH</p> <p><b>Monitoring Agent:</b> Citizens for Better Care</p>	A licensed residence that provides 24-hour continuous care for room meals, skilled nursing and rehabilitative care, medical services and protective supervision.	<p>Assistance with the following services:</p> <ul style="list-style-type: none"> <li>Rehabilitative</li> <li>Protective Supervision</li> <li>Social/Recreational</li> <li>Skilled Nursing Care</li> <li>Physician Services</li> <li>Dietary</li> </ul>	<ul style="list-style-type: none"> <li>Nursing Facility Level of Care</li> <li>Physician Order</li> <li>Payment Assistance</li> <li>Medicare (Limited Days: 90-100)</li> <li>Medicaid Eligible</li> <li>Private Pay</li> </ul>	<p><b>Wayne County: 76 nursing home facilities</b></p> <p>PSA 1-A: 37 PSA 1-C: 37</p> <p><b>Wayne County Beds: 9,247</b> PSA 1-A 4,614 beds PSA 1-C: 4,813 beds</p> <p>St. Michaels removed</p>	<ul style="list-style-type: none"> <li>Incorporate key findings from the Detroit Status Report</li> </ul>	
<p><b>Assisted Living</b></p> <p><b>(No overall licensing in Michigan for Assisted Living; Only AFC or HFA licensing)</b></p> <p><b>Regulatory Agent:</b> MDCH if licensed under Adult Foster Care or Homes for the Aged</p>	Assisted living is housing with supportive services for adults who need help with everyday tasks. They may need help with dressing, bathing, eating, or using the bathroom, but they don't need full-time nursing care. Some assisted living facilities are part of retirement communities. Others are near nursing homes, so	<p>Typical services may include:</p> <ul style="list-style-type: none"> <li>Housing</li> <li>Case Management</li> <li>Dining Services</li> <li>Housekeeping</li> <li>24-hour nursing staff</li> <li>Recreational Activities</li> <li>Health clinics</li> <li>Nutrition education</li> <li>24-hour security</li> <li>24-hour Emergency Response Services</li> <li>Laundry</li> </ul>	Under the State's Affordable Assisted Living Project residents must have incomes between 30% - 50% of the average median income.	<p><b>PSA 1-A: 4</b> <b>PSA 1-C: 39</b></p> <p><b>Wayne County: 43</b></p> <p><b>Wayne County: Approximately 4,100 units</b></p>	<ul style="list-style-type: none"> <li>Two categories for licensing Assisted Living exist through Adult Foster Care and Homes for the Aged; however there is not a broad licensing law for FHA loans cannot be offered to unlicensed facilities. Assisted Living outside of these types of licensures.</li> <li>FHA loans cannot be offered to unlicensed facilities.</li> </ul>	

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<p><b>Monitoring Agent:</b></p> <p>Citizens for Better Care if licensed under adult foster care</p>	<p>a person can move easily if needs change.</p> <p>Assisted living costs less than nursing home care. It is still fairly expensive. Older people or their families usually foot the bill. Health and long-term care insurance policies may cover some of the costs. Medicare does not cover the costs of assisted living. Assisted living is not licensed in Michigan. Some facilities operated under a homes for the aged license.</p>	<ul style="list-style-type: none"> <li>• Errand service</li> <li>• Beauty/Barber Shop</li> <li>• Café</li> <li>• Library</li> <li>• Computer</li> <li>• Fitness Room</li> <li>• Maintenance</li> </ul> <p>Some services are standard and others are</p>				
<p><b>Grand Family Housing</b></p> <p><b>Regulatory Agent:</b></p> <p>Varies</p>	<p>Housing for seniors who have custody of a grandchild or other minors</p> <p>About 30,000 grandparents are raising grand children in the Detroit area.</p>	<ul style="list-style-type: none"> <li>• 2 or 3 bedrooms</li> <li>• Playground</li> <li>• Club house with computer lab</li> <li>• School bus stop</li> <li>• Social Service Support</li> </ul>	<p>Springwell Townhouses – eleven of the 24 units have 2 and 3 bedrooms for grandparents raising grand children; Scattered development has a club house with computers</p>	<p><b>To be determined.</b></p>	<ul style="list-style-type: none"> <li>• Only limited grand-family housing is available.</li> </ul>	
<p><b>Senior Housing (Section 202)</b></p> <p><b>Regulatory Agent:</b></p> <p>HUD</p>	<p>Provides subsidized affordable housing to persons age 62 years and over and disabled.</p>	<ul style="list-style-type: none"> <li>• Subsidized housing</li> </ul>	<ul style="list-style-type: none"> <li>• Meeting age, residence and income requirements.</li> </ul>	<p><b>PSA 1-A:</b> 77 Buildings (50 High Rise, 27 Low Rise) 10,479 units</p> <p>(8,634 Hi Rise 1,845 Low Rise)</p> <p><b>PSA 1-C: N/A</b></p>	<ul style="list-style-type: none"> <li>• Detroit Housing Commission continues to have vacancies for senior housing.</li> <li>• Serving residents with mental health disparities continues to be an issue particularly in public housing, disability and homeless services.</li> <li>• There is a disconnect between property managers and some resident councils.</li> <li>• Many adults with disabilities need residential living training. A number of facilities have conflicts between adults with disabilities and the older residents.</li> <li>• Lack of adequate maintenance is a challenge with some residences.</li> <li>• Crime and safety is a big issue in many senior residences.</li> </ul>	
<p><b>Section 8 Housing</b></p>	<p>Provides subsidized affordable housing to</p>	<ul style="list-style-type: none"> <li>• Subsidized housing</li> </ul>	<p>Meeting age, residence and income requirements.</p>	<p><b>Wayne County:</b> 117 Buildings</p>	<ul style="list-style-type: none"> <li>• Detroit Housing Commission continues to have vacancies</li> </ul>	

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<b>Regulatory Agent:</b>  HUD & MSHDA	low and moderate income persons.			13,874 units  <b>PSA 1-A: 70 Buildings</b> 41 High Rise 29 Low Rise 7,726 units  <b>PSA 1-C</b> 47 buildings 6,148 units	for senior housing. <ul style="list-style-type: none"> <li>Serving residents with mental health disparities continues to be an issue particularly in public housing, disability and homeless services.</li> <li>There is a disconnect between property managers and some resident councils.</li> <li>Many adults with disabilities need residential living training. A number of facilities have conflicts between adults with disabilities and the older residents.</li> <li>Lack of adequate maintenance is a challenge with some residences.</li> <li>Crime and safety is a big issue in many senior residences.</li> </ul>	
<b>Section 8 Vouchers</b>	Provides portable or facility-based housing assistance to low and moderate income persons or families. Operated through HUD or an agent of HUD such as MSHDA or Housing Commissions.	<ul style="list-style-type: none"> <li>Income assistance for housing for individuals and families</li> </ul>	Meet income and other requirements.	<b>MSHDA:</b> 24,000 Section 8 Vouchers <b>DHC: N/A</b>	<ul style="list-style-type: none"> <li>Additional Housing Choice (Section 8) Vouchers are needed to make housing affordable for more residents.</li> </ul>	
<b>Continuing Care Retirement Communities</b>	A Continuing Care Retirement Community is a residential community for the remainder of one's life, with a choice of services and living situations. Seniors can move between Independent Living, Assisted Living, and Nursing Home Care based on changing needs at each point in time.  Continuing Care Retirement Communities are also known as:	Many seniors enter into a CCRC contract while they are healthy and active, knowing they will be able to stay in the same community and receive nursing care should this become necessary. Seniors who invest in a Continuing Care Retirement Community have adequately planned for housing and care for the remainder of their life, and have the financial means to support it.  <ul style="list-style-type: none"> <li></li> </ul>	Continuing Care Retirement Communities offer service and housing packages that allow access to independent living, assisted living, and skilled nursing facilities. Seniors who are independent may live in a single-family home, apartment or condominium within the Continuing Care retirement complex. If they begin to need help with activities of daily living (e.g., bathing, dressing, eating, etc.), they may be transferred to an assisted living or skilled nursing facility on the same site. Seniors who choose to live in a Continuing Care Retirement Community find it reassuring that their long-term care needs will be met without	<b>Wayne County: 1</b> <b>PSA 1-A: None – Unknown</b>	<ul style="list-style-type: none"> <li>PSA lacks CCRCs for residents who would like to age in place in their community.</li> </ul>	

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	<ul style="list-style-type: none"> <li>Continuing Care Retirement Facilities</li> <li>Life-Care Facilities, and</li> <li>Life-Care Communities.</li> </ul>		the need to relocate			
<b>Home Modification Services</b>	<p>Home Modification Programs pay for modifications (or changes) to be made to the home of a person with a physical disability. The changes are made to allow a person to move around more <u>freely</u> and <u>safely</u> in the home. An example of a home modification is the installation of a wheelchair ramp. Modifications are made to permanent residences only.</p>	Varies	<p>Residential projects involving retirement homes, elderly households, handicapped access, universal design, and aging in place may consist of the following:</p> <ul style="list-style-type: none"> <li>Widening of doors</li> <li>Installation of ramps</li> <li>Installation of grab bars</li> <li>Lowering of cabinets</li> <li>Installation of hydraulic equipment to support bathing, etc.</li> </ul>	<b>Data collection in process</b>	<ul style="list-style-type: none"> <li>Additional home repair and home modification options are needed.</li> <li>More home assessments for home modification and fall prevention are needed to help residents live independently.</li> </ul>	

Footnote: Information under capacity must be updated.